

 $(\mathbf{I7} - Sr E M T)$ 

# **"The Transfiguration of Jesus** on Mount Tabor"...

## FROM THE GOSPEL ACCORDING TO - MATTHEW -:

"Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them ..." (Matt 17:1-2)<sup>1</sup>

#### **MEDITATION ON THE MYSTERY:**

When a soul decides to truly live in the full imitation of Jesus, his good works can no longer remain hidden: for it is automatic that, in their celestial difference, they are already light for the intellect of the world.

(cf. SLC, p. 130G)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to imitation, St. Padre Pio says: "Daily meditation and diligent reflection on Jesus' life is necessary if one wants to imitate Him; from meditation and reflection is born the admiration of His deeds, and from admiration is born the desire and the consolation of imitating Him."

(PIO DA PIETRELCINA, Pensieri, a cura di P. Gerardo Di Flumeri, Febbraio 21, in: http://www.sanpiodapietrelcina.org/pensieri.htm [consultato il 5 luglio 2021] [unpublished translation by pfsgm])

<sup>1</sup>NABRE (USCCB)

#### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary
- 1 Glory be to the Father ... (Sung)

Praised be,,, O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, AveeMaria ...."

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...